CONSULTANTS'

O FALL 2013 Volume 16 Issue 1

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TABLE OF CONTENTS



K |

Page 1

G→ What is NEW at the SDSBVI! G→ Calendar of Events

Page 2

Everyday Calendar Activities

Tidbits

Page 3

© "Dancing to the Beat of a Different Drum"

Page 4

GAPH Educational Materials

Books Featuring Characters with Visual Impairments

Page 5

GGift Ideas

Pages 6

& Learning Outside of the Box

G√Organizing Your Child's Room

Page 7

Goldilocks and the Three Bears

G√Fall Leaf Cookies

Page 8

GGift Ideas (continued)

Page 9

Page 10

Page 11

Consultants' Contact Information

Page 12



SD School for the Blind and Visually Impaired

What is NEW at the SDSBVI

- We have a GREAT updated **website** at: http://sdsbvi.northern.edu/. Thanks to the hard work of Chris Olson, DSU Faculty and the help of our Webmaster everything is on the site..... pictures too!
- We can be found on **Pinterest** at http://pinterest.com/sdsbvi/
- GAN We can also be found on **Facebook** at: SD School for Blind and Visually Impaired
- with over 113 years of educating students with visual impairments, SDSBVI has a 3rd **Principal**, Jodi Carlsgaard, taking over with the retirement of Mark Krogstrand



CALENDAR OF EVENTS

White Cane Law March

October 12, 2013:10:00 AM Sioux Falls, SD

White Cane Day

October 15, 2013

SD Foundation for the Blind & Visually Impaired Board Meeting

November 19, 2013: 4:00 PM @ SDSBVI Aberdeen, SD

SDSBVI Advisory Council Meeting

October 28, 2013: 10:00 AM @ SDSBVI Aberdeen, SD

SDSBVI Family Weekend

June 7-8, 2014: @ SDSBVI Aberdeen, SD

Transition Week for Students with Visual Impairments

June 16-20, 2014: @ SDRC Sioux Falls, SD

SDSBVI Summer Program (http://sdsbvi.northern.edu)

Aberdeen, SD: June 8-June 27, 2014

July 6-July 25, 2014

SDSBVI Annual Family Swim Party

July 25, 2014: @ Aquatics Center Aberdeen, SD

EVERYDAY CALENDAR ACTIVITIES

Children who are visually impaired need to have more hands-on experiences to help them learn. Below are some suggested activities that are simple, inexpensive, and don't take much time. Activities are taken from everyday events in our lives that are easy to access.

OCTOBER

- Go to a high school football game. Watch the half-time show.
- GC Decorate the windows for Halloween.
- GGG a pumpkin from a lot or patch. What is a pumpkin like?
- & Look for flower bulbs in a store. Plant some.

NOVEMBER

- Get out Thanksgiving decorations or make a centerpiece for the table.
- G√Visit someone who lives in an apartment.
- G→ At a bazaar find a grab bag. What's in it?

DECEMBER

- Geral Break open a pine cone. Get the seeds out.
- GGG the mail and help open it.
- GG through a toy catalog.
- G√Invite a friend to camp out on the floor.

JANUARY

- Put out a pail to collect the falling snow. See how deep it is; bring it inside to melt.
- € Play with toys that have been in the refrigerator. How do they feel?
- Geral Try on socks of different people in your household. What do you notice?
- GY What is in a purse or a briefcase?

For more ideas or to borrow the complete set of Everyday Activities Calendar, contact your Outreach Vision Consultant. Everyday Activities Calendar is available from APH (American Printing House).



Basic Tips For When You Have a Visually Impaired Student in Your Class

http://www.afb.org/blog.aspx?BlogID=7&BlogEntryID=874

The Prairie Trails Newsletter Fall 2013 issue is now available. Learn what is new at the South Dakota Braille & Talking Book Library Program. To access the PDF and Audio versions follow this link: http://library.sd.gov/BTB/news/index.aspx. You can also access past newsletters from there.

Medical Alert Bracelets

Many of the students we serve have sensitive medical issues and are under a regiment of medicines. This can be daunting for parents trying to remember medical history. For parents who travel this could be a nightmare if something should happen when away from home. One solution to these worries is to buy a gel bracelet with a built in flash drive. These can hold basic doctor information to complete medical history. They can have the Medical Alert symbol on them as well.

www.universalmedicaldata.com www.alibaba.com

👚 To access previous issues of the <u>Consultants' Corner Newsletter</u> go to our web site at: 🛣 http://sdsbvi.northern.edu/. Click on Programs—Outreach—Outreach Consultant Newsletter.







Transition Week 2013

By Sandy Emery, SD Rehab Center for the Blind

The SD Rehabilitation Center for the Blind concluded another successful Transition Week! Four students participated in activities geared to learning about the world of work. The students started the week by volunteering at the South Ridge Nursing Home. This gave the students a work experience as well as a community service activity. The students participated in informational tours of Avera McKennan Hospital and CapitalOne. While staying at Augustana College the students got to experience dorm life, eat breakfast in the commons, watch a movie in their theater room, and socialize with other students. The students rode the bus from Augustana to the Rehabilitation Center each day and by the end of the week were able to do this without staff assistance. The students each built a "shut the box" game, cooked their own meal, and explored the newest adaptive technology at the Rehabilitation Center. A discussion about "What to do when you don't drive" was presented and the students got behind the wheel of a car to get a feel of being the driver. Previous students of the Rehabilitation Center came to a picnic to share their stories with us.

For nighttime activities we went to Thunder Road, Wild Water West, and ate out at Buffalo Wild Wings. For the first time, this year Boy Scout Troop #46 organized an evening event for us. The Boy Scouts prepared a meal, taught camping skills, and socialized with the students. The night even included a tomahawk throwing contest. It was a great learning and socializing activity for both groups of students. The goal for Transition Week this year was to build empowerment and self-identification through work and community involvement.

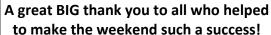


"Dancing to the Beat of a Different Drum"

With funding from the SD Foundation for the Blind and Visually Impaired and planning and inspiration by the Outreach Vision Consultants, the 2nd Annual Family Weekend was held June 8-9 at the Ramada Inn in Aberdeen. Over 70 people attended the events made possible by the support of many volunteers. The focus this year was on recreation and leisure activities with everyone having an opportunity to connect with others and try new activities.

Parents and students:

- learned about the benefits of Sensory Integration from Kristin Wittmayer, Pediatric Occupational Therapist
- Gerlearned to sing and play with Nikki Kriz, Music Therapist
- G played games like Beeper Ball and Goalball
- € learned to make musical instruments
- *G*√ learned fancy dance moves
- Gerlearned how to adapt games and activities with Jodi Carlsgaard, PE Instructor
- Anced to music played by "Rollin' DJ"











APH Educational Materials

The Read/Write Stand can be used by students with visual? impairments for reading and writing tasks. It is bright blue, weighs § only 2 1/2 lbs. and has two built-in handles for portability. It has a low-profile clip that secures reading/writing materials to the stand

during use. An LED booklight is provided and can be positioned by the user along the upper edge of the reading stand.



The Boy and the Wolf

This rhyming story features a twist on the classic tale of the boy who cried wolf. As the story is read, the child can tactually search for the characters, count and compare like and different pairs of sheep, and notice differing orientations. The story and its graphics introduce a variety of concepts and

using the storyboard, the child can gain understanding of how tactile graphics can be used to symbolize objects and show spatial position.

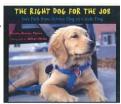
Goin' on a Bear Hunt
In this popular chant story, the child follows a tactile line through the tall grass, up a hill, across a bridge, around a pond, through the woods, into the pit, into the cave, and then back home again. At the end of the book, there is a fold-out tactile map that displays all the places from home to the bear's cave to use in retelling the story.

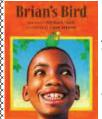
These products are available from the American Printing House for the Blind (APH) for purchase and can also be borrowed from your area Outreach Vision Consultant. For more information on § these products or other APH products, please contact your area Outreach Vision Consultant. ^^^^^^^

Books Featuring Characters with Visual Impairments

The Right Dog For The Job - Ira's Path From Service Dog To Guide Dog by Dorothy Hinshaw Patent (Grades 3-5)

Ira is smart and passes his Service Dog test. Unfortunately, the new facility that Ira needs to attend for more detailed training isn't ready. Read how sixth graders help train Ira and how they felt about the experience.





Brian's Bird by Patricia Davis (Grades K-3)

When Brian, blind since he was four years old, receives a parakeet on his birthday, he begs for descriptions of Scratchy so he can visualize what he looks like. Readers who want or have a pet parakeet will enjoy the story while gaining Mandy Sue Day

insight into a blind boy's daily life.

Mandy Sue Day by Roberta Karim (Grades K-2)

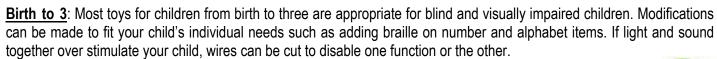
This elegant prose poem, illustrated with realistic watercolor paintings, tells how a blind girl, using her senses of taste, hearing, touch, and smell, enjoys a special day with her horse. Ben.

Gift Ideas

As we jump into a new school year it may seem a little early to be thinking about Christmas, but as we all know, time flies and the holidays will be here before we know it. Here are some gift ideas and tips for preparing for Christmas.

Things to look for:

- Texture especially for very young children; helps them learn matching and develop tactile discrimination skills
- Contrast high contrasting colors make toys more appealing for young children
- Music/Sound children who are blind are motivated by music and sound
- Lights children with low vision are motivated to move and visually search for the toy
- Ease of Use if you can't make it work, they probably can't either
- Age Appropriate Gifts children want and need to have comparable gifts to their friends
- Concept Development most toys for young children teach necessary concepts. Older children may also need to earn some basic concepts but need activities that are age appropriate.



VTech Sit-to-Stand Learning Walker

The Sit-to-Stand Learning Walker is part of the Sit-to-Stand series of toys developed to grow with baby. Little ones can play with the standalone activity panel on the floor while discovering animals, colors, music, shapes and numbers. Attach the panel to the walker as babies grow and they'll continue to learn as they move along!



The Move & Crawl Ball

The Move & Crawl Ball will keep baby on the move. Chocked full of fun things to press, pull, spin, and feel, the Ball introduces shapes, numbers, animals, and animal sounds to your baby.



4-6 Years of Age:

Sesame Street & Arthur DVD

Most Sesame Street and Arthur DVD come enhanced with descriptive video, so even if your child can't see the screen, they can still hear Elmo's voice, sing along with the songs, and hear a man's voice describing important actions.

Clipo Creativity Table 100 Piece Gift Set by Playskool

With its spinning gears and bright, chunky connecting pieces, the CLIPO CREATIVITY TABLE system is a platform for imagination and fun! At this all-in-one play station, toddlers can develop their fine motor skills while enjoying a shape sorter and a drop slot, too. Spinning turntables let kids display their masterpieces on the table or remove for stand-alone fun.



Books

Books are always a great gift. They can be purchased in large print, braille, and both print and braille. Make storyboxes to go along with the story to help the child understand various concepts of the story. Standard print books can be made tactile by adding braille and textures.

Pioneer Metal Detector

A fun game for the beach or just out in the back yard, this metal detector will turn your child into a treasure hunter (as long as they think bottle caps, coins, and old screws are treasure). The detector is easy to use and features a "three-tone audio target identification" so you can hear if you're getting close to an object. Young children can work on developing appropriate cane skills while hunting for treasures.



Freeze Up

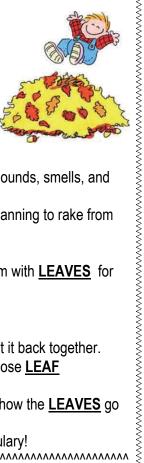
This game is so easy to use and so easy to learn... but so hard to play! Quick! Think of an animal that begins with C, a fruit that starts with B, a flower that starts with T! Don't freak out! Keep your cool! This game is all about fast thinking under pressure. It's a recipe for hilarity!



(continued on page 8)

Learning Outside of the Box

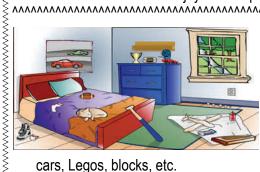
Incidental Learning is learning that takes place without any intent to learn. The participant is not aware that he or she is learning. It has no curriculum and is not professionally organized, but rather originates accidentally or sporadically in association with specific occasions. This method of learning is very difficult for children who are blind or visually impaired. Therefore, these children need to be taught about their environment through hands-on learning experiences.



At this time of year we are surrounded by falling **LEAVES**. And there is lots of exploration that can be done with those LEAVES!

- APile **LEAVES** on your child, burying them under the pile, and ask them to comment about the sounds, smells, and sights of being buried under the pile of **LEAVES**.
- ← Teaching children to rake is also a great motor skill for them to learn. And it takes orientation planning to rake from one place to another in order to make organized piles.
- And then of course, there's the fun of jumping into the pile!
- lawn decorations.
- Take old clothes and stuff them full of **LEAVES** and assemble into a scarecrow.
- Arrange Have a great discussion about the different meanings for the words **LEAF** and LEAVE.
- Show your child how the **LEAF** of a table works. Have him/her help take the table apart and put it back together.
- Talk about **LEAFING** through papers or a book and have the child try it. And that it relates to loose **LEAF** paper-look at the difference between the loose **LEAF** paper and a notebook.
- G→Your child probably knows what it means to LEAVE to go somewhere else. Compare that with how the **LEAVES** go away from the trees in the fall.

Have an enjoyable fall playing in the **LEAVES** and expanding your child's vocabulary!



Organizing Your Child's Room

How does your child's bedroom look? Organized, neat, and tidy? Or disorganized, messy, and cluttered? How can you help your child to arrange ≥ his/her bedroom to be efficient and organized? Listed are a variety of ≥ methods to assist in getting your child's bedroom organized:

- Ger Use shelving instead of a toy box: items are easier to see
- Smaller storage bins or tubs work well to group toys by category, such as

cars, Legos, blocks, etc.

- A Have a work area, such as a child size couch or table and chair set
- GAY Have a listening area to play music and auditory books
- ← Have a full length mirror at child height
- Arr Have a big tactile bulletin board placed at the child's eye level that is easy to reach and touch; change the theme every few months
- Accommodate the room lighting to the child's needs (i.e., dimmer lights, task lights)
- Utilize color contrast; for example, with white walls have a dark colored comforter so it is easy to locate the bed
- Assign certain drawers/cupboards for certain items and label as deemed necessary
- Divide the room into different areas using area rugs with contrasting colors to the floor
- Use chair rails at shoulder height on the walls to provide a place to trail the walls
- An inflatable pool in the child's room is a fun idea for a play area with a border
- A little child's tent offers the same type of predictable space

Source: Donna Farrimond/Giammario, Early Intervention Teacher, Evaluator and Vision Specialist

Story Box: Adaptation of Goldilocks and the Three Bears By Sandy Kenrick (Liam's mom) from Rapid City SD Reprinted from "Paths to Literacy" [charlotte.cushman@perkins.org]



The Two Bears:

I wanted to create a story box for my son, who is blind, that was based off of a classic children's story. My son is beginning to learn ASL. I chose the story <u>Goldilocks and the Three Bears</u>, and I simplified it so that I could tell the story in a way my son Liam could understand and then also eventually retell and read on his own. I created a book called <u>The Two Bears</u>. Two seemed like a good place to begin, so that he could compare "big" and "little" more easily.

<u>Target ASL vocabulary words</u>: bear, little, big, chair, sit, and happy <u>Story Box Contents</u>:

- Story with tactile illustrations and braille
- Little bear, big bear (from Hobby Lobby)

- Braille label and tactile label for the front of the box

Label the box in print, braille, and tactile symbols

Ideas on how to use this story box: (I am sure there are many ways that work well to use a story box, but this is what works best for my son and me.)

- Day One: I allow Liam to explore the outside of the story box first and then I teach him the sign 'story box'. I allow him to 'free play' with the items in the story box and 'read' the book on his own. I may teach him the sign of a few of the items if he seems interested.
- Day Two: Again, I allow Liam to explore the outside of the box first, sign story box, and then explore the items inside. I then teach the sign for 'more' of the items. I may then show the first page of the book and have him feel the tactile picture for bear and then feel the real bear. I will also then have him sign "bear". (Repeat this the next few times you explore the story box.) When he is ready: when I feel Liam is ready, I then act out every page of the story. I allow him to feel the first page, find the correct objects, and sign/act out what is on the page. I continue with the rest of the pages.



Big bear on big chair

Extension:

- Eventually, I would like Liam to be able to retell the story or read the book on his own.
- I could ask Liam to find a certain object in the box and have him give it to me.

LINK: http://www.pathstoliteracv.org/storvbox-adaptation-goldilocks-and-three-bears

Fall Leaf Cookies

Here's what you'll need...

- ⇒ One 16.5oz roll Sugar Cookie dough
- ⇒ Plastic wrap
- \Rightarrow Flour
- ⇒ Leaf shaped cookie cutters
- ⇒ Red, yellow, and orange sugar crystals



Preparation:

- ⇒ Preheat oven to 350 degrees.
- ⇒ Cut cookie roll in half. Wrap 1 half in plastic wrap and refrigerate.
- ⇒ Form a ball with second half.
- ⇒ Roll dough out on a lightly floured surface ¼" thick.
- ⇒ Cut out leaf shapes and place 2" apart on cookie sheet.
- ⇒ Sprinkle with red, yellow, and orange sugar crystals.
- ⇒ Bake for 10-12 minutes or until edges are light brown.
- ⇒ Cool 2 minutes, remove to a wire rack. Cool completely before storing
- ⇒ Repeat with second half of cookie dough

Gift Ideas (continued from page 5)

Hyper Dash with Braille: This is a great fun game that sighted and blind people can play! Not only is this game fun, the other great thing about this game is that it can keep you moving instead of just sitting to play. You are in control of how much activity you get with this fun & exciting game...sit, move a little, or move a lot!!!!

Nintendo Wii Console: You may be surprised to find out that the Nintendo Wii actually does have quite a few games that are accessible for blind and visually impaired kids. The ground breaking idea behind the Wii is that it

Wii

encourages you to get up and move, making your body and movements a key component to the game. Games like Wii Sports (which comes packaged with the console) and Wii Fit are easy to play with no vision. Wii Music is also a good choice as it allows you to choose your instruments and compose your own music. Bavisoft Video Games: Bavisoft specializes in creating software and video games for the visually impaired. Their computer games are completely

accessible and also lots of fun! Check out Grizzly Gulch and Chillingham. There is a membership fee. Audio Dart Master: This dart game has a texturized board that the sight challenged person can feel prior to play. The rest of the game is played by audio commands. The board calls out the player's name and

score, and will even give off a signal to help a sight challenged player aim for the bulls-eye. Jewelry: Girls of all ages like jewelry. Look for fashionable pieces with a touch of Braille. Brailled Gel bracelets make great stocking stuffers for girls and boys alike. Apparel: Make the gift of clothing unique with brailled messages.

Gift Wrapping Tips:

- Once you have all those great gifts you have to wrap them up. This is another opportunity to make it interesting for your child. You should use solid colors of wrapping paper to create an uncluttered visual space. Shiny foil papers can also be used to create visual interest.
- A High contrast and texture can be incorporated here as well. You can use white paper and a big red bow. Black and white is always a classic look and provides contrast that is easy to see. You could attach a soft fabric ornament or a small bunch of holly to the gift for a festive bit of texture.
- Don't forget to use braille or large print labels!

For more great gift ideas, check out these resources or ask your Outreach Vision Consultant!

www.audiodartmaster.com www.visuallyimpairedchildren.com http://www.braillebookstore.com www.maxiaids.com

www.wonderbabv.org http://jewelryinbraille.com/ http://www.brailleiant.com www.ila.com

www.seedlings.com www.audiopuzzles.com www.BrailleGifts.com www.nbp.org ^^^^^^^^^



Art Project: Making a Textured Turkey

- 1. Gather cardboard and cut out 5-6 different sized circles.
- 2. Collect a variety of leaves and remove their stems.
- 3. Keep two brown colored stems for the legs.
- 4. Glue your leaves onto the upper outer rim of each cardboard piece.
- Layer your cardboard pieces on top of each other and staple together.
- 6. Glue a large brown leaf on the turkey's body circle and then trim off the excess leaf (repeat with the turkey head). Staple your turkey body to the rest of the circles.
- 7. Cut out an orange leaf triangle and find a red leaf for the wattle (dangly red thing) then glue in place.
- Don't forget some googly eyes!
- Use your leaf stems for the legs and tape them to the back of your turkey.

http://www.mvcreativestirrings.com













FOCUS ON THE EYE

NYSTAGMUS

DEFINITION

Nystagmus (nis tag' mus) is an involuntary movement of the eyes vertically, horizontally, or even in circles. Most people with nystagmus have reduced acuities—the ability to see clearly.

CAUSES

Congenital nystagmus, also called early onset nystagmus or infantile nystagmus, occurs in

the first six months of life. It may be caused by a defect in the eye or the visual pathway from the eye to the brain. It occurs in a wide range of childhood disorders such as cataracts, glaucoma, some retinal disorders, and albinism. It may also be found in children who have multiple disabilities and Down's Syndrome. Nystagmus may be seen in very young children with no known eye, brain, or health problems. This is called congenital idiopathic nystagmus.

Several types of nystagmus can be inherited. A correct diagnosis, possibly including genetic testing, must be made to determine the chances of passing on the condition to children.

Acquired nystagmus, which develops later in life, is usually a symptom of another condition such as a stroke, multiple sclerosis, or even a blow to the head. Since it may be the first sign of a serious disorder of the eye or brain, it is vital that the individual be seen by an ophthalmologist or a neurologist.

EDUCATIONAL IMPLICATIONS

- € Loss in clarity of vision
- Fluctuation in vision due to physical and emotional factors such as stress, fatigue, and nervousness
- ← Difficulty reading regular print
- G

 ✓ Visual and/or physical fatigue
- Slow reading abilities due to the time it takes to scan
- Depth perception is usually reduced
- € Balance may be affected
- Confidence in one's self may be reduced
- Garage Individuals may have problems with their orientation and mobility

TEACHING STRATEGIES / RECOMMENDATIONS

- & Large print materials should be made available.
- Sharing books and papers may be difficult.
- Angle of vision is very important. Preferential seating or head posturing should be allowed.
- Extra time or shortened assignments may be necessary due to the length of time needed to complete assignments.
- Environmental modifications, such as textures or highly contrasting paint on the floor, may be needed to alert the individual to changes in the surface.
- GY Direct lighting on materials may be indicated.
- GGG Glare and backlighting need to be considered.
- Alternate visually taxing activities and non-visually taxing activities.
- GATOrientation and mobility training may be needed.

Compiled by SDSBVI Outreach Vision Consultants, August 2002 Websites Updated December 2009 SOURCES

www.aapos.org

www.aoa.org www.eyeassociates.com

www.lowvision.org

www.nystagmus.org

www.nystagmusnet.org

www.rnib.org.uk

www.tsbvi.edu

White Cane Safety Day

by Marge Robertson; TVI Sioux Falls SD

In February of 1978 a young blind lady said, "I encounter people all of the time who bless me, extol my independence, call me brave and courageous, and thoroughly miss the boat as to what the real significance of the white cane is."

White Cane Safety Day is a national observance in the United States, celebrated on October 15 of each year since 1964. The date is set aside to celebrate the achievements of people who are blind or visually impaired and the important symbol of blindness and tool of independence, the white cane. On October 6, 1964,



a joint resolution of the U.S. Congress, H.R. 753, was signed into law. This resolution authorized the President of the United States to proclaim October 15 of each year as "White Cane Safety Day". President Lyndon B. Johnson signed the first White Cane Safety Day proclamation within hours of the passage of the joint resolution. He recognized the importance of the white cane as a staff of independence for blind people.

The Presidential proclamation said: "The white cane in our society has become one of the symbols of a blind person's ability to come and go on his own. Its use has promoted courtesy and special consideration to the blind on our streets and highways. To make our people more fully aware of the meaning of the white cane and of the need for motorists to exercise special care for the blind persons who carry it Congress, by a joint resolution approved as of October 6, 1964, has authorized the President to proclaim October 15 of each year as White Cane Safety Day. Now, therefore, I, Lyndon B. Johnson, President of the United States of America do hereby proclaim October 15, 1964 as White Cane Safety Day."

In 1963, a comparatively small number of blind people had achieved sufficient independence to travel alone on the busy highways of our nation. In 1978 that number had not simply increased but multiplied a hundredfold. There was a time when it was unusual to see a blind person on the street, to find a blind person working in an office, or to see a blind person operating machinery in a factory. This is still all too uncommon, but it happens more often and the symbol of this independence is the white cane. The blind are able to go, to move, to be, and to compete with all others in society. That is what White Cane Safety Day is all about.

In 2011, White Cane Safety Day was also named **Blind Americans Equality Day** by President Barack Obama. "Today, let us recommit to forging ahead with the work of ... ensuring we remain a Nation where all our people, including those living with disabilities, have every opportunity to achieve their dreams. "Now, therefore, I, Barack Obama, President of the United States of America, do hereby proclaim October 15, 2011, as Blind Americans Equality Day. I call upon public officials, business and community leaders, educators, librarians, and Americans across the country to observe this day with appropriate ceremonies, activities, and programs." BARACK OBAMA

Bibliography

- 1. https://nfb.org/white-cane-safety-day
- 2. http://en.wikipedia.org/wiki/White Cane Safety Day
- 3. http://www.whitehouse.gov/the-press-office/2011/10/14/presidential-proclamation-blind-americans-equality-day-2011

IMPORTANT EVENT FOR FAMILES

White Cane Law March in Sioux Falls. October 12 at 10:00 AM

This will include speeches, a 4 block march to the downtown library, panel discussion, and socializing. Sponsored by a great collaboration: SDAB-Siouxland Association of the Blind, National Federation of the Blind, Services for the Blind and Visually Impaired, and Veteran Administration - Blind Rehabilitation Services

"I Will Never Ever Live Without My Cane"

(parody lyrics) Check out this cute video about a girl and her cane. Just in time for White Cane Day, October 15.

http://www.youtube.com/watch?

iPad Tips

<u>Page Numbers</u> – small circles (white dots) that correspond with the number of Home pages. <u>Dock Bar</u> – bar runs across the bottom of each Home page. Can select and move most frequently used apps to the dock.

Go Back to Home Page - Five finger pinch or click home button takes you back.

<u>Multitasking Bar</u> – to access several open apps, double click home button or four finger swipe up. This will show the most recently used apps. Tap the desired app to view.

<u>Switch from App to App</u> - four finger swipe right or left. (This is an efficient way to do assignments that require using two apps such as research on the web and taking notes).

<u>Important</u> – When too many apps are running in the background, the iPad may not run efficiently and will drain the battery. Periodically it is important to truly close or force close the apps. To expose the multitasking bar, double click home button or four finger swipe up. When the multitasking bar is up touch and hold on the app icon to make it jiggle. A red negative sign will appear on each app running. Tap the negative sign, this will force close the app. The app is still on the Home screen but is no longer running in the background.

Did you know you can also access numerous books using the free app called iBooks? Some books are free while others have a cost. Some of the iBooks are interactive books, meaning that the book has additional fun facts inserted

into the book as well as videos and quiz questions along the way. Go ahead and give it a try - it's lots of fun! One that we have tried is <u>Edwin the Super Duper Otter</u>; this iBook is free and has many fun interactive items!



iBooks

Also available from Hadley's "Infocus Series Multi-Touch Gestures with I-Devices, the <u>iFocus</u> series of instructional videos provides tips on using the vision accessibility features on the iPhone, iPad, and iPod Touch. Each video is only about 4-5 minutes, and reviews lots of basic features.

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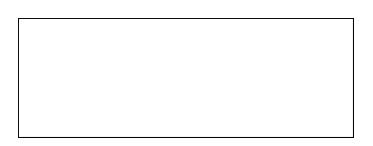
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Family Swim Party

Friday, July 26, 2013 was a family fun day of swimming for SDSBVI families! This has become an annual event that we all look forward to! Eleven families attended the gathering at the Aberdeen Aquatics Center. The participants' entry fee was covered by the Parent Group of the Aberdeen area. Drinks and snacks were provided by the SDSBVI. Although it was a bit cold, the kids and parents alike enjoyed swimming, splashing, and sliding!

The event gave families an opportunity to network with other families from around the state having children with visual impairments.

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